

Washington MS invite of SCOL Schools  
May 6th

Teams

1. Washington CH
2. Greenfield McClain
3. Miami Trace
4. Hillsboro
5. Clinton Massie
6. Chillicothe
7. East Clinton
8. Wilmington

Coaches welcome to our annual Washington MS invite

**Entry Fee:** \$50.00 both boys and girls

**ENTRY SHEET**

This year we will be entering via the internet. Please go to <http://www.baumspage.com/track/index.php> and follow directions\*. You must Click on the Washington CH Middle school Invitational. It will be on the left side under Middle school meets. Have your lineups in by 9:00 pm Tuesday May 5<sup>th</sup>, 9:00pm. You may make changes any time up until then.

**ADMISSION**

Adults: \$5.00 Students: \$3.00

**RULES**

National Federation, OHSSA rules will be enforced

**SCRATCHES AND  
SUBSTITUTIONS**

. We will allow substitutions the day of the meet.

**TIME SCHEDULE  
AND EVENTS**

There will not be a specified time schedule for events. Please have your athletes listen to calls from the PA announcer and be prepared to compete.

Coach's meeting at 4:15 pm.

Field Events begin at 4:30 pm.

Running Finals begin at 5:00pm.

**Coaches**

**Inside the track only Please remind your parents.**

**PRELIM SCHEDULE:**

None

**FINALS SCHEDULE**

All events will run as finals. Events with two(three when necessary) heats will be run as fast heat then slow heat.

**FIELD EVENTS**

**If your athlete must check out from a field event, they must wait till 2<sup>nd</sup> call, after completing there event they have 10 minutes to come and check back in or we will move on at the event without them!**

**Discus:** Men then women: 4 throws – no finals

**Shot put:** Women the men: 4 throws – no finals

**High Jump:** Women then men:

Starting height men: 4'0

Starting height women:3-8

**Long Jump:** Men then women: 4 jumps – no finals  
(we will run open pit)

**Pole Vault:** Women then men:

Starting height men 6-0

Starting height women: 5-0

**Awards Note**

**\*When the meet ends report to the bottom of the pressbox to pick up your awards packet. coaching passes.**

**TEAM AWARDS**

Champion and runner-up trophies for both men's and women's teams.

**High Point Award for both men and Women for the Athlete who has scored the most points at the meet. Relay points will be broken up.**

**INDIVIDUAL AWARDS**

Medals for 1<sup>st</sup>,  
Ribbons for 2<sup>nd</sup> thru 8<sup>th</sup> place

**SCORING**

10 - 8 - 6 - 5 - 4 - 3 - 2 - 1

**Questions Contact**

Louis Reid

Varsity Girls Coach

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